



Snack food that's not junk food

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## PRODUCT INFORMATION & NUTRITIONAL DETAILS

### GONUTZ Corn Chips – Tasty Cheese flavour

	<p><b>Features:</b> GLUTEN FREE. Authentic recipe made from real, wholegrain NZ corn Fibre rich Cooked in omega-3 rich canola oil Low saturated fat No Cholesterol No palm oil Full corn flavour enhanced with subtle seasoning</p>	  
<p><b>Sizes:</b> 38g (Cheese or Salsa) 150g all flavours</p>	<p><b>Packaging:</b> Grade 5 PP (Polypropylene laminate bag)</p>	<p><b>Cartons:</b> <b>Recyclable cardboard</b> 24x 38g 12x 150g</p>
<p><b>Variants in the range: CHEESE, SALSA, MEXICAN, Just Salted, Beetroot, Pumpkin &amp; Kumara</b></p>		
<p><b>Ingredients: CHEESE CORN CHIPS</b> <b>CONTAINS MILK &amp; SOY.</b>  <b>Cheese:</b> Stone ground corn, Vegetable oil (canola and/or sunflower with antioxidant 319)  <b>Cheese seasoning:</b> Salt, sugar, whey protein, dehydrated onion, capsicum, tomato, garlic, Cheese powder, maize maltodextrin, vegetable protein extract, spice extracts, flavour, food acids (lactic acid, sodium acetate, calcium lactate), silica free flow agent.  <b>Made in a nut free factory</b></p>		
<p><b>Country of Origin:</b> NZ</p>		<p><b>Shelf life:</b> 8 months</p>
<p><b>Storage:</b> ambient, clean &amp; dry, avoid strong light.</p>		<p><b>GMO Status:</b> Nil</p>
<p><b>Allergen &amp; Intolerance Agents – contains / may contain:</b></p>		
<p><b>Tree Nuts</b></p>	<p>No</p>	<p><b>Gluten</b> No</p>
<p><b>Peanuts</b></p>	<p>No</p>	<p><b>Crustacea</b> No</p>
<p><b>Seeds</b></p>	<p>No</p>	<p><b>Fish</b> No</p>
<p><b>Soy products</b></p>	<p>Yes</p>	<p><b>Egg</b> No</p>
<p><b>Milk or Dairy</b></p>	<p>Yes</p>	<p><b>Sulphites</b> No</p>
<p><b>Spices</b></p>	<p>Yes</p>	<p><b>Sesame</b> No</p>
<p><b>Bee pollen, propolis, Royal Jelly</b></p>	<p>No</p>	<p><b>Lupin</b> No</p>
<p><b>Nutritional data (averages)</b></p>		<p><b>Per 100g</b> <b>50g serving</b></p>
<p>Energy (kJ)</p>		<p>2100 1050</p>
<p>Protein (g)</p>		<p>6 3</p>
<p>-gluten</p>		<p>None detected None detected</p>
<p>Fat total (g)</p>		<p>24 12</p>
<p>Fat saturated (g)</p>		<p>2 1</p>
<p>Carbohydrate (g)</p>		<p>64 32</p>
<p>Sugars (g)</p>		<p>4 2</p>
<p>Sodium (mg)</p>		<p>250 125</p>
<p>Fibre (g)</p>		<p>7 3.5</p>

Product information updated August 2025

Values are averages of flavours and production.

Please consult GONUTZ technical or your health professional for any specific dietary concerns.